

Manchester & District Time Trials Association

"promoted for & on behalf of Cycling Time Trials under their rules & regulations"

2023 10 mile series (3 events)

(incorporating the)

2023 M & D T T A Juvenile & Junior Championships

(Also incorporating the)

Cheshire Points Series 1 of 20

<https://www.mdttta.info/m-d-10-series-2023>

Start Sheet for event No 1 Saturday 4th March 2023

Course J4/20. Headquarters - **Goostrey Village Hall** - Main Road, Goostrey, CW4 8PE
The Village Hall is located off Main Road, Goostrey, behind The Old Paddock.

First rider off at **2-03pm**

All Qualifiers in the Championship Receive Association Medals

The championship is open to riders of all clubs affiliated to the M&DTTA

Timekeepers Event No 1

START: Bob Norton FINISH: Martin Jackson

Minimum Prize List for event. (One rider one prize except for teams)

Seniors	1st	£40.00	2nd	£30.00	3rd	£20.00
Ladies	1st	£40.00	2nd	£30.00	4th	£20.00
Juniors	1st	£20.00				
Juveniles	1st	£20.00				
Tandem	1st	£20.00 each				
Med Gear	1st	£20.00				
Team		£20.00 each (3 riders)				
Vets Std	1st	£40.00				
Fastest Vet		£40.00				

Event Secretaries:-

Event No1: 4th March - David Clayton, 117 Thirlmere, Macclesfield, Cheshire, SK11 7YJ.

Tel: 07879 602821

Event No2: 13th March - Dave Fearon, 12 Whitley Avenue, Barnton, Northwich, CW8 4LW.

Tel: 07554 587763

Event No3: 18th March - David Clayton, 117 Thirlmere, Macclesfield, Cheshire, SK11 7YJ.

Tel: 07879 602821

See <https://www.mdttta.info/m-d-10-series-2023> for more information

Course J4/20 – 10 - miles

START - On Moss Lane (Byley) adjacent to far gate post at first field gate on left after Lowes farm shop. Proceed Eastwards to:-

A50 Cranage. Turn left and straight on to :-	1.616 miles
Toft Corner	6.817 miles
Left on the B5081 via Smithy Green and Lower Peover to the Finish (about 100 yds before Wash Lane)	10.006 miles

NO PARKING AT START OR FINISH OTHER THAN TIMEKEEPER VEHICLES, NO MATTER HOW BRIEF.

There are only 2 corners to negotiate on this course, both can be dangerous if care is not taken. On both Cranage and Toft Corners you must not swing wide to negotiate them and you must come off your "Tri Bars". Failure to do so will result in disqualification from the event and you may be reported to the District Committee for Further Disciplinary Action

It is approximately 4 miles to the START from HQ: turn left onto Main Road and continue to the crossroads at the A50. Head straight across the A50 (with care) onto Middlewich Road, over the Motorway bridge to Byley Lane then Right onto Byley Lane/Moss Lane for about 400 yards to find the Start, just before Lowes Farm. **After FINISH retrace to HQ:** continue over the Motorway bridge to crossroads at Three Greyhounds Pub. Turn Left and once again over a Motorway Bridge to A50. Turn right onto A50, then left into Goostrey Lane, which becomes Main Road into Goostrey village and back to HQ. There will be direction arrows to Start and from Finish.

Medium Gear: On a 72" Gear the machine will travel 18ft 10.25 inches with one revolution of the cranks. Gears must be stopped down if you are not riding fixed wheel. Gears must be checked at H.Q. before collecting your number.

Before Collecting Numbers----All competitors MUST SIGN ON and SIGN-OFF when returning it, Failure to do so will result in that rider being classified as DNF

Local Regulations

No Parking in Start or Finish Areas other than Timekeeper and Officials

Warnings:

Care at Junctions

Riders must exercise care at all junctions. Any competitor whose riding line causes him/her to cross THE WHITE LINE when approaching or leaving a junction will be liable to disqualification and may be reported to the district committee for further disciplinary action.

A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practice is not encouraged by the District Committee and

competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as a contravention of regulation 47(i), (iii), (v).

No U Turns

Riders must not perform U turns in the vicinity of the start or finish of the event. Riders observed performing U turns will be reported to the District Committee who will consider disciplinary proceedings.

Safe riding

Riding with your head down such that you do not have a good view of the road ahead is dangerous - please watch out for potholes, obstacles, and other road users. Marshalls do not have the authority to control other road users, so please take care.

Helmets (CTT Reg 15) Note change to rule re: All competitors

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard as detailed in CTT Reg 15.

Lights

Rear light. CTT Reg 14(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Front Light. CTT Reg 14(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Other notes

A competitor overtaking another must pass without receiving or giving shelter. The onus of avoiding company riding shall be upon the rider overtaken. (CTT Reg 21)

COVID PRECAUTIONS

CTT has issued a document "Covid-19 Risk Assessment 23 02 2022". If you haven't already read this, please download from the CTT website and read carefully

<https://cyclingtimetrials.org.uk/documents/download/9554>

These are the key messages: -

- **Competitors should not attend if they feel ill in ANY way especially if they or family members have any symptoms.**
- The Village Hall building will be ventilated as well as possible and we advise all those entering the HQ be sensible regarding keeping a safe distance from one another.
- Please follow government guidelines on handwashing/sanitising.
- We will be offering HQ catering and a Results board.
- Do not approach the timekeepers or any other officials.

Ensure that you review the Risk Assessment at time of signing on!

**Paul Carpenter Photography AIPS/SJA accredited
PHOTOGRAPHER will be taking photos on the day.**

HQ Contacts on the Day

David Clayton 07879 602821

No.	Name	Club	Cat	V.Std	T/Off
Juveniles					
3	Toby Diggins	360cycling	Juv		2.03
4	Nicholas Smith	Westmead Team 88	Juv		2.04
Juniors					
6	Reuben Corlett	Birkenhead North End CC	Jun		2.06
7	Johnny Robinson	Seamons CC	Jun		2.07
8	Maxwell Hereward	360cycling	Jun		2.08
Medium Gear					
10	Vic Trigger	Crewe Clarion Wheelers	V77	30:49	2.10
11	Carl Hodskinson	Team Wheelguru	V49	26:46	2.11
12	Patrick Healy	Buxton CC/Sett Valley Cycles	V55	27:18	2.12
Tandem					
	Jenny Holl	Stirling Bike Club	S23		2.14
14	Sophie Unwin	Stirling Bike Club	S28		
	Phil Barnes	SheHair Racing Team	V68	28:41	2.16
16	Sharon Clifford	SheHair Racing Team	V62		
Senior Event					
17	Nicola Cadwallader	360cycling	LV45	28:57	2.17
18	Lynsey Astles	Congleton CC - MyWindsock	LV46	29:02	2.18
19	Andrew Newey	Ribble Valley C&RC	S29		2.19
20	Andy Wright	Total Tri Training	S33		2.20
21	Elisabeth Ogbonmwan	Manchester Triathlon Club	L33		2.21
22	Chris Wilcox	Lyme Racing Club	V60	27:51	2.22
23	Alan Shuttleworth	Weaver Valley CC	V76	30:35	2.23
24	Philip Gleave	Congleton CC - MyWindsock	S27		2.24
25	Richard Shaw	Seamons CC	V54	27:12	2.25
26	Kate Richardson	Alba `development Road Team	L20		2.26
27	Jonah Beadle	University of Bristol Cycling Club (UOBCC)	S24		2.27
28	Kim O'Neill	Manchester Triathlon Club	LV56	30:01	2.28
29	Mark Hassall	Pocomotion Road Club	V48	26:41	2.29
30	Conor McKinnon	Dolan Ellesse	S22		2.30
31	Laura Tring	360cycling	L35		2.31
32	Amanda Skeldon	Buxton CC/Sett Valley Cycles	LV47	29:07	2.32
33	Neil Walker	Dukinfield Cyclists' Club	V52	27:01	2.33
34	Len Best	Matlock CC	V71	29:30	2.34
35	Kevin Blades	360cycling	V52	27:01	2.35
36	Joe Rendall	Congleton CC - MyWindsock	S30		2.36
37	Paul Emmins	Salford Cycling Club	S38		2.37
38	Tracy Gregory	Buxton CC/Sett Valley Cycles	LV57	30:08	2.38
39	Mick Hutchins	Congleton CC - MyWindsock	V47	26:36	2.39
40	Kamil Waligora	East Lancashire RC	S31		2.40
41	Alice Taylor	Congleton CC - MyWindsock	L32		2.41
42	Steven Lyons	Team Wheelguru	V56	27:24	2.42
43	Katy O'Connor	Knutsford Tri Club	LV60	30:31	2.43
44	Michael Kateley	Team Wheelguru	V46	26:32	2.44
45	Mat Stephenson	Congleton CC - MyWindsock	V54	27:12	2.45
46	Simon Diggins	360cycling	V49	26:46	2.46
47	Benjamin Brown	Macclesfield Wheelers	S31		2.47
48	Nicholas Roberts	Stockport Tri Club	V56	27:24	2.48
49	Grace Lister	Cero/Cycledivision	L18		2.49

continued on next page

No.	Name	Club	Cat	V.Std	T/Off
50	Alastair Ribbands	Congleton CC - MyWindsock	S39		2.50
51	Cem Azakli	Knutsford Tri Club	V53	27:07	2.51
52	David Griffiths	Crewe Clarion Wheelers	V80	31:39	2.52
53	Clare Spencer	Newcastle (Staffs) Tri Club	LV41	28:38	2.53
54	Alison Stephenson	Congleton CC - MyWindsock	LV53	29:41	2.54
55	Fin Graham	Para-T	C3		2.55
56	Graham Rands	Manchester Triathlon Club	V42	26:14	2.56
57	John King	Janus Road Club	V85	33:23	2.57
58	Tony Perrin	Stone Wheelers CC	V61	27:58	2.58
59	Harry Bradshaw	Islington Cycling Club	S26		2.59
60	David Parkin	Velotik Racing Team	S35		3.00
61	Peter Jones	Seamons CC	V57	27:30	3.01
62	John Swinnerton	Crewe Clarion Wheelers	V46	26:32	3.02
63	Peter Jackson	Macclesfield Wheelers	V65	28:30	3.03
64	Michelle Fairclough	Velotik Racing Team	LV47	29:07	3.04
65	Stephen Dooley	Seamons CC	V40	26:06	3.05
66	Joseph Cadwallader	360cycling	V46	26:32	3.06
67	Rob Doyle	Bury Clarion CC	S31		3.07
68	Andy Whitehead	Seamons CC	V60	27:51	3.08
69	Mike Walker	Congleton CC - MyWindsock	V44	26:23	3.09
70	Alexander Royle	Manchester Bicycle Club	S29		3.10
71	Lloyd Smith	Weaver Valley CC	S31		3.11
72	Lucy Rogers	Congleton CC - MyWindsock	LV54	29:48	3.12
73	Sue Cheetham	North Lancashire Road Club	LV59	30:23	3.13
74	Derek Schofield	Rosendale RC	V69	29:08	3.14
75	Kouros Driscoll	Seamons CC	S28		3.15
76	Isaac Russell	Team PB Performance	S21		3.16
77	Brett Hazelwood	TricentralUk	S33		3.17
78	Declan Brady	Bury Clarion CC	S33		3.18
79	Alex Critcher	Team Wheelguru	V47	26:36	3.19
80	Charlie Tanfield	Saint Piran	S26		3.20